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RANKING MEMBER, COMMITTEE ON APPROPRIATIONS

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LABOR, HEALTH AND HUMAN SERVICES,  
EDUCATION, AND RELATED AGENCIES

UNITED STATES  
HOUSE OF REPRESENTATIVES  
ROSA L. DELAURO  
3RD DISTRICT, CONNECTICUT

To Prospective Applicants & Family,


Graduates of our federal service academies include leaders such as President Carter, General MacArthur, Senator McCain, members of Congress, astronauts, CEOs, Nobel Laureates, Medal of Honor Recipients, and countless heroes who have dedicated their lives to our country. These institutions yield a long line of graduates who have committed themselves to duty and honor in the service of our nation.

The federal service academies are our nation's premier commissioning institutions. They train and educate our military's future leaders through rigorous and continuous challenges. Within each cadet and midshipman is a dedication to excellence, service, and sacrifice for our country. As an aspiring candidate, I applaud your desire to embrace the challenge and attend one of these respected institutions.

Competition for appointments to the service academies is fierce. I hope our office can help guide you toward earning an appointment. To assist me with the selection process for nominations is a Service Academy Advisory Board composed of dedicated and distinguished community leaders. They thoroughly review applications and interview candidates to make nomination recommendations on a competitive basis. I strongly encourage you to apply and I look forward to your application.

Once again, I commend your aspiration to attend a service academy. Your successes will become our country's successes, and our country's future will depend on your dreams and your visions. Our office is invested in your success and is here to support and guide you through the process. If you have any questions on the nomination process or about the Service Academies and their Preparatory Programs, please feel free to contact my office by phone or email at [DeLauro.Academy@mail.house.gov](mailto:DeLauro.Academy@mail.house.gov) and (203) 562-3718.

All the best,

  
Congresswoman Rosa DeLauro  
Member of Congress

Dear Applicant:

The following information is meant to assist you in completing your application for a nomination to a United States service academy from U.S. Representative Rosa L. DeLauro. Please review this information carefully to ensure that your file is completed properly and on time.

## **ELIGIBILITY**

Candidates applying to the federal service academies **MUST BE** United States citizens. Applicants seeking a nomination from Congresswoman DeLauro's office must be **PERMANENT** residents of Connecticut's Third Congressional District. Candidates must be at least 17 years old and not have passed their 23<sup>rd</sup> birthday by July 1 of the year of admission. (Candidates for admission to the U.S. Merchant Marine Academy must be at least 17 years of age and not have passed their 25<sup>th</sup> birthday before July 1 of the year of admission.). These stipulations have been established by the service academies.

Prior to applying for a nomination, each candidate must contact the academies directly to request a Pre-Candidate Questionnaire. Upon the completion and return of this form to the respective academy, you will be informed of the academy's application requirements, such as medical examinations and physical aptitude tests. It is also recommended that each candidate visit the academies to meet with admissions representatives, speak with cadets and midshipmen, and view the facilities.

## **METHOD OF NOMINATION**

Applications are accepted for nominations to the following federal service academies:

**U.S. Air Force Academy**, Colorado Springs, Colorado  
**U.S. Merchant Marine Academy**, Kings Point, New York  
**U.S. Military Academy**, West Point, New York  
**U.S. Naval Academy**, Annapolis, Maryland

\*The U.S. Coast Guard Academy in New London does not require a congressional nomination.

The law pertaining to congressional nominations stipulates each member of Congress is allowed a maximum of five "charges" at each academy in any given year (Merchant Marine is an exception). When a "charge" graduates, a vacancy is created that the member may fill. Each member nominates a slate of ten candidates for each vacancy. Congresswoman DeLauro uses a "competitive" form of nomination. Using this method, the member of Congress submits to the academy an unranked list of nominees for each vacancy.

The academy then reviews the list and selects the most fully qualified candidate. Remaining nominees are then considered and may also be offered appointments, but they will not be the member's "charge".

Due to the competitiveness of this selection process, it is strongly recommended that each candidate apply to both of their U.S. Senators and their U.S. Representative. Applicants may wish to consider applying to the U.S. Vice President for nomination. Please refer to the academy catalog or an admissions representative for further information.

If an applicant has a parent who is an active or retired military person, a disabled or deceased veteran, a POW/MIA, or a Medal of Honor winner, the candidate may also wish to contact the academy to learn of additional means of receiving a service connected or Presidential nomination.

### **IMPORTANT DATES:**

**Summer 2026:** Complete Pre-Candidate Questionnaire for Service Academies

**19 October 2026:** Congresswoman DeLauro Application Deadline

**18 November 2026:** Congresswoman DeLauro Academy Nomination Interviews

**21 December 2026:** Congresswoman DeLauro Academy Nominations Submitted

**To Be Announced:** Congresswoman DeLauro Service Academy Nominee Reception

### **APPLICATION PROCESS**

An application file is considered complete in Congresswoman DeLauro's office when it contains the following items:

- 1) Completed application for nomination.** Applications must be typed. For your convenience the application is posted on our website at

<https://delauro.house.gov/services/service-academy-nominations>.

- 2) Personal statement.** Attach a brief statement explaining your reasons for wanting to attend a federal service academy. Please keep your statement to no more than two pages in length and include your name at the top of the page.

- 3) Official high school transcripts.** Transcripts must come from the school guidance counselor in a sealed envelope.

Please note: Most students who receive an appointment to one of the U.S. Military Academies have an above average high school or college academic record which usually ranges between a GPA of 3.3 to 3.7

**4) SAT and/or ACT scores.** Applicants may choose to notify the SAT/ACT testing centers to request that scores be sent directly to Congresswoman DeLauro's office.

SAT code #3537      ACT code #7311

Due to the cost of requesting original copies, guidance counselors may submit these scores with the candidate's official transcript in a sealed envelope.

The U.S. Merchant Marine Academy has established minimum qualifying scores they adjust for each incoming class.

Please note candidates who receive appointments to the academies usually have a strong performance on the standardized ACT or SAT. You should check the websites of each academy for up-to-date detailed information on average scores.

**5) Three recommendations.** Two recommendations must come from academic sources: one from a **math** teacher and one from an **English** teacher. The other recommendation may come from another academic source or non-academic source such as coaches, employers, clergy, neighbors, or other non-family members who can accurately comment on the applicant's character, abilities, and potential.

**6) Photograph.** Include a recent wallet size photograph of the applicant.

**7) Resume:** Include any relevant work experience, continued education, certifications, and hobbies.

After an application has been completed, it must be returned to Congresswoman DeLauro's Connecticut office and **RECEIVED BY MONDAY OCTOBER 19, 2026**. **If all materials are not submitted by the deadline, your file will be closed as incomplete, and you will not be considered for a nomination.** SAT or ACT scores for the November testing dates are the only materials accepted after the deadline.

Please submit all application materials in **ONE COMPLETE PACKAGE** to Congresswoman DeLauro's Connecticut Office:

ATTN: Service Academies Coordinator  
Office of Congresswoman Rosa L. DeLauro  
59 Elm Street  
New Haven, CT 06510

Congresswoman DeLauro's Service Academy  
Representative

DeLauro.Academy@mail.house.gov

## SELECTION PROCESS

Following the receipt of your complete application, you will receive notification of an appointment for an interview with the Service Academy Nomination Panel. The selection committee will consist of distinguished members of the community with varied backgrounds. The committee will conduct “whole person” evaluations to determine each candidate’s overall qualifications. You will then be informed if you receive a nomination by 21 December 2026.

Once your application has been received your preference for an academy nomination will be final. Typically, you will only be considered for the academy specified as your “first choice” on the application.

### Application Checklist

- Completed Application Form for Nomination
- Three Letters of Recommendation (Math, English, Other)
- Resume
- Photograph
- Personal Statement (Two Pages)
- Official Transcripts
- ACT and/or SAT Scores

#### **ACADEMY NOMINATION APPLICATION SUBMISSION INSTRUCTIONS**

Please submit all documents as a **Complete Application Package** to:

[DeLauro.Academy@mail.house.gov](mailto:DeLauro.Academy@mail.house.gov)

OR

ATTN: Service Academies Coordinator  
Office of Congresswoman Rosa DeLauro  
59 Elm Street Suite 205  
New Haven, CT 06510

## Service Academy Prospective Nominee Application Form

Last	First	Middle	
Date of Birth (YYYY-MM-DD)			
Social Security Number (###-##-####)			
U.S. Citizen    YES    NO		Gender:	
Email Address			
Phone Number			
<b>PERMANENT LEGAL ADDRESS</b>			
Street			
City	County	State	Zip Code
Mother's Name	Address (if different than Permanent Legal Address)		
Father's Name	Address (if different than Permanent Legal Address)		
High School			
Date of Graduation		Class Size	
Class Rank			

<b>SAT</b>			
Cumulative	/1600	Math	/800
		Verbal	/800
<b>ACT</b>			
Cumulative	/36	Math	/36
		Verbal	/36

<b>Letters of Recommendation Persons</b>	
Math	
English	
Third Recommendation	

<b>Service Academy Choice Ranking</b> (Please Only Rank Service Academies You are Applying To)			
United States Military Academy		United States Naval Academy	
United States Air Force Academy		United States Merchant Marine Academy	
Please note: Once your application has been received your preference for an academy nomination will be final. Typically, you will only be considered for the academy specified as your "first choice" on this application.			

Applying for Senator Blumenthal Nomination?	YES    NO
<b>List Specific Academies:</b>	
Applying for Senator Murphy Nomination?	YES    NO
<b>List Specific Academies:</b>	

IF APPLICABLE			
College Name			
Grade	Freshman	Sophomore	Junior    Senior
Major		Credit Hours	
Prior Military Service			
Service Academy Preparatory School			

I certify that the information provided within this application is true and accurate to the best of my knowledge and that all work submitted is my own. By signing this form, I also authorize Congresswoman DeLauro's Office to use my name in press releases and official promotional materials.

Signature	Date
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I understand it is my responsibility to include all other materials required for the application process along with this application form.